

## INBOUND ORIENTATION/RAFT TRIP 2008

### GENERAL INFORMATION

The following is a list of what to bring for the August 22-24 weekend.

#### Campers

- Sleeping bag
- Ensolite pad/thermarest/air mattress
- Tent or ground cloth/tarp (there are very few mosquitoes)
- Toiletries
- Towel
- Personal Clothing (bring layers—it is cool on the coast and chilly at night)
- Sweatshirt and jacket
- Change of shoes
- Flashlight
- Musical instruments (optional and fun)
- Your own mug for drinks

#### River Rafters

\*\*You will be in bright sun for 5 hours—your feet will be in water—you will get splashed you may fall in and have to swim!!

- Swimsuit or quick-drying shorts and light shirt
- Sandals or shoes that fasten on your feet and can get wet. **(NO THONGS OR FLIP FLOPS)**
- Sunglasses with safety straps and/or hat with brim
- Sunscreen and chapstick
- Windbreaker, paddle jacket, or long-sleeved shirt to protect from sunburn